

## **SPRR Results – November 2010**

### **Richard's Run for Life, 5K, Ybor City – Nov 5**

#### Males

Dan McClenathan, 22:27  
David Shiner, 25:05

### **8<sup>th</sup> Annual Triton Run, 2.9 miles, St Petersburg – Nov 7**

#### Females

Lisa Williams, 18:39, 1<sup>st</sup> Overall  
Connie Mendoza, 19:13, 1<sup>st</sup>40-44  
Pam Greene, 22:58, 1<sup>st</sup>45-49  
Christine Arbasak, 24:56, 1<sup>st</sup>50-54  
Karen Mathews, 26:00, 2<sup>nd</sup>50-54  
Stefanie Seropian, 26:27  
Mariah Moushon, 27:01, 3<sup>rd</sup>10-14  
Vicki Linkovich, 28:10, 1<sup>st</sup>55-59  
Debi Havens, 28:22, 3<sup>rd</sup>50-54  
Victoria Ryan, 28:44, 1<sup>st</sup>60-64  
Dede Buckley, 30:14, 1<sup>st</sup>70-74  
Sharon Andrews, 30:36, 1<sup>st</sup>65-69

#### Males

Joshua Moushon, 19:24, 1<sup>st</sup>15-19  
Michael Zelenak, 19:53, 1<sup>st</sup>50-54  
Gilbert Dolores, 19:57, 1<sup>st</sup>45-49  
Jerry Fowle, 22:30, 2<sup>nd</sup>55-59  
Scott Norman, 22:40  
Gordon Benedict, 23:57  
Dale Moushon, 27:07  
Ben Fudge, 28:26, 2<sup>nd</sup>70-over

### **Blue Moon Half Marathon, Palm Harbor – Nov 7**

#### Males

Steve Williams, 1:28:08, 2<sup>nd</sup>40-44  
Jim Hummel, 1:35:49, 1<sup>st</sup>45-49

### **Blue Moon, 5K, Palm Harbor – Nov 7**

#### Males

Doug Schiller, 41:22, 1<sup>st</sup>70-74

### **PAFRA (Panama Armed Forces Running Association) 5-Miler, Clayton (Panamá) – Nov 7**

#### Males

Albert Wieringa, 33:58, 3<sup>rd</sup> Overall, 1<sup>st</sup> Veteranos 60 & over

### **3<sup>rd</sup> Etapa Circuito Suramericana 2010, 10K, Panama City (Panamá) – Nov 14**

#### Males

Albert Wieringa, 42:47, 1<sup>st</sup> Superior Masculino

**Run for Rotary, 6.8 miles, Holiday – Nov 14**

Females

Lisa Williams, 46:20, 1<sup>st</sup> Overall female

**Naples on the Run, 20K, Naples – Nov 14**

Males

David Shiner, 1:53:08

**Raccoon Run, 5K, St Petersburg – Nov 15**

Females

Mariah Moushon, 28:26, 3<sup>rd</sup> 19& under

Males

Joshua Moushon, 20:38, 1<sup>st</sup> Overall

Ted Andresen, 28:08, 2<sup>nd</sup> 60& over

Dale Moushon, 28:28, 2<sup>nd</sup> 40-49

**48<sup>th</sup> annual John F Kennedy 50-mile Run, Washington Co, (Md) – Nov 20**

Females

Debbie Wayland, 11:33:44

Tracy Connolly, 11:33:45

Males

Sean Connolly, 9:40:08

**Woman's Half Marathon – St Petersburg – Nov 21**

Females

Lisa Williams, 1:32:44, 1<sup>st</sup> 30-34

Melody Janson, 1:35:58, 2<sup>nd</sup> 45-49

Katie Argotsinger, 1:45:22

Marcy Phipps, 1:48:43

Jennifer Laplante, 1:50:10

Sharon Kalember, 1:50:49

Michelle Kieffer, 1:56:26

Meredith Jones, 1:58:00

Pam Greene, 1:58:13

Mary Cunningham, 1:59:44

Stacey Endicott, 2:03:05

Millie Hamilton, 2:04:48

Kathleen Wheeler, 2:14:34

Deb Robinson, 2:14:56

Karen Mathews, 2:15:59

Annette Frisch, 2:19:15, 1<sup>st</sup> 70-74

Cindy Krager, 2:20:06

Colleen Evans, 2:22:41

Eileen Hodges, 2:33:47

Samantha Prewitt, 2:47:48

Theresa Testa, 2:54:22

Sharon Andrews, 3:00:21

Jennifer Castleman, 3:01:14  
Mallory Mangold, 3:13:42  
Heather Joie, 3:18:35  
Tiffany Stevens, 3:29:51

Males

David Shiner, 2:02:16

**Woman's 5K, St Petersburg – Nov 21**

Females

Connie Mendoza, 20:25, 3<sup>rd</sup> Overall  
Dede Buckley, 33:04, 1<sup>st</sup>70-74  
Cathy Dehaan, 34:36, 2<sup>nd</sup>65-69  
Lourdes Vales, 53:53  
Jackie Yost, 54:48

**SP Times Turkey Trot 2010, 10K, Clearwater – Nov 25**

Females (top 120)

Virginia Edmonds, 48:29

Males (top 120)

Lee Stephens, 32:27, 1<sup>st</sup> Overall  
Cameron Wheeler, 34:40  
Steve Williams, 40:29  
Albert Wieringa, 40:37

**SP Times Wingding 5K, Clearwater – Nov 25**

Females (top 120)

Connie Mendoza, 19:55, 2<sup>nd</sup> Master  
Lisa Williams, 20:17  
Amy McClenathan, 20:26, 1<sup>st</sup> Grand Master  
Rebecca Kass, 20:57  
Virginia Edmonds, 22:26  
Katy Wheeler, 22:47

Males (top 120)

Zach Hoge, 17:24  
Brian Lester, 17:32, 3<sup>rd</sup> Master  
Ryan Hoge, 19:13

**Autumn Fest 5K, Safety Harbor – Nov 28**

Males

Zach Hoge, 17:15, 3<sup>rd</sup> Overall

**2010 Space Coast Marathon, Cocoa – Nov 28**

Females

Suzanne Holland, 3:47:44

Christine Kiernan-Ortiz 3:48:50

Gloria Hancock, 4:28:35

Males

Chris Pedersen, 3:15:41, 1<sup>st</sup> Grand Master + 1<sup>st</sup> 50-54

**2010 Space coast Half Marathon, Cocoa – Nov 28**

Males

Steve Schilling, 1:19:37, 1<sup>st</sup> 25-29

Jeff Essers, 1:25:58, 2<sup>nd</sup> 40-44

Steve Williams, 1:29:13