

SPRR Results – August 2010

Beat the Heat, 5K, Thonotosassa – Aug 7

Males

Albert Wieringa,	19:21,	1 st 60-64
David Shiner,	26:56	
Houston Tucker,	41:13	

Celebration of Running, 5K, Orlando – Aug 14

Males

Cameron Wheeler,	17:54,	1 st 15-18
Albert Wieringa,	19:46,	1 st Senior Grand Master

Females

Kathleen Wheeler,	28:41	
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Hit the Trails Summer 5K, Lithia – Aug 20

Females

Kathleen Wheeler,	31:32	
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Males

Cameron Wheeler,	17:42	
David Shiner,	29:24	

Ace of Diamonds, 5K, Clearwater – Aug 22

Females

Millie Hamilton,	28:53,	1 st 65-69
Mariah Moushon,	36:59,	3 rd 10-14

Males

Jim Hummel,	20:45,	2 nd 45-49
Joshua Moushon,	21:52	
Dale Moushon,	26:04	
David Shiner,	27:47	

Self-Transcendence Marathon – Congers, NY – Aug 24

Males

Grant Fashbaugh,	4:22:08	
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St. Pete Beach Summer 5K series #3, St. Pete Beach – Aug 27

Females

Amy McClenathan,	20:43,	1 st 50-54
Kim Wood,	24:05,	3 rd 25-29
Christine Moorby,	24:51,	2 nd 40-44
Deb Robinson,	25:14,	2 nd 50-54
Lisa Williams,	25:18,	1 st 30-34
Meredith Jones,	26:37	
Tess Huttenlocker,	26:38,	2 nd 15-19
Gloria Hancock,	28:01,	2 nd 45-49
Kathleen Wheeler,	28:32,	3 rd 45-49
Vicki Linkovich,	28:51,	1 st 55-59
Karen Mathews,	29:33	
Sharon Andrews,	36:06,	2 nd 65-59
Liza Wolf,	39:08	
Bess Kennedy,	43:32,	1 st 60-64
Jackie Yost,	56:30,	1 st 75+

Males

Lee Stephens,	16:28,	1stOverAll
Steve Schilling,	17:29,	1 st 25-29
Zach Hoge,	17:34,	1 st 15-19
Steve Williams,	20:41,	2 nd 40-44
Chris Pedersen,	20:53,	2 nd 50-54
Jim Hummel,	20:56	
Joshua Moushon,	21:29	
Jeffrey Aber,	21:59	
Gilbert Dolores,	22:22	
Don Rasdall,	24:43	
Carey Herholz,	24:48	
Monte Hoge,	25:24	
Scott Norman,	25:25	
Dale Moushon,	25:35	
Allen Ahern,	27:11	
Steve Bolin,	27:33,	3 rd 60-64
David Shiner,	27:49	
Larry Yost,	31:00,	1 st 75+
Warren Wheeler,	33:04	
Don Herring,	36:22	

Ford Ironman Triathlon, Louisville (Ky) Aug 29

Females

Melody Janson,	13:23:16	
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Males

Jonathan Dunford,	12:23:47	
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