

SPRR Results - December 2011

18th annual Run with the Stars, 5K, Fort DeSoto, Tierra Verde - Dec 3

Females

Christine Arbasak, 27:24, 1st 50-54
Carol Montgomery, 40:20, 1st 75-over

inaugural SIFE Quest, 5K, Al Lopez Park, Tampa - Dec 3

Males

Albert Wieringa, 19:55, 1st Overall

14th annual Jingle & Jog, 5K, Sarasota - Dec 3

Males

Mickey Hooke, 17:29, 1st Overall, new Grand Masters record
David Shiner, 25:35

Females

Ellyn Jack, 30:58

35th annual Sandy Claws Beach Run, 5K, Siesta Key Beach, Sarasota - Dec 10

Males

Mickey Hooke, 17:24, 1st Overall

Females

Ellyn Jack, 31:56

YMCA MASH 5K run, Palm Harbor - Dec 10

Males

David Shiner, 25:59, 3rd 40-44

10th annual Holiday Half Marathon - Madeira Beach - Dec 11

Females

Lisa Williams, 1:33:22, 3rd Overall
Keara McGraw, 1:33:48, 1st 25-29
Christine Kiernan-Ortiz, 1:37:58
Agnieszka Hunter, 1:53:50
Vicki Linkovich, 2:04:23, 3rd 55-59
Christine Arbasak, 2:05:06
Millie Hamilton, 2:07:32, 1st 65-69
Rita Gutekunst, 2:21:42
Gina Hadala, 2:42:05

Males

Chris Pedersen, 1:29:16, 2nd Master
Albert Wieringa, 1:31:33, 2nd Grand Master
Steve Williams, 1:31:40, 1st 45-49
Gilbert Dolores, 1:37:33, 2nd 45-49
Matthew Conigliaro, 1:37:33

Alfredo Kiernan,	1:50:15
Grant Fashbaugh,	1:55:45
David Shiner,	2:00:53
Warren Wheeler,	2:11:01
Allen Ahern,	2:33:29
Jack Keefe,	2:42:52
Donald Herring,	2:55:25

Flapjack 5K, Land O Lakes - Dec 11

Females

Christa Stephens,	18:24,	1st Overall
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Males

Lee Stephens,	16:23,	1st Overall
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2nd annual Frosty 5K, Sarasota - Dec 17

Males

Mickey Hooke,	17:09,	1st Master, 2nd Overall
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23rd annual Say No to Drugs Holiday Classic, 5K, Clearwater - Dec 17

Females

Brenda Hatala,	35:59,	3rd 65-69
Carol Montgomery,	40:42,	1st 75-79
Jackie Yost,	56:48,	1st 80 & over

Males

Steve Williams,	20:21,	2nd 45-49
Albert Wieringa,	20:40,	1st 65-69
Rob Hatala,	33:08	
Jim LaMar,	34:44	

23rd annual Say no to Drugs Holiday Classic, 10K, Clearwater - Dec 17

Females

Christa Stephens,	38:05,	2nd Overall
Lisa Williams,	43:00,	5th Overall
Deb Robinson,	53:38	
Karen Mathews,	58:15	
Rita Gutekunst,	1:01:70	
Annette Frisch,	1:03:43,	1st 70-74

Males

Lee Stephens,	34:44,	1st 30-34
Larry Yost,	1:03:36,	1st 80 & over

Jacksonville Bank Marathon, Jacksonville - Dec 18

Males

David Shiner,	4:30:55	
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Beef O'Brady's St. Pete Bowl, 5K, St. Petersburg - Dec 19

Females

Lisa Williams,	20:02,	1st Overall
Leslie Beauchamp,	20:28,	1st 30-34
Amy McClenathan,	21:49,	1st Master
Deb Robinson,	23:45,	1st 50-54
Stephanie Walston,	25:43,	2nd 30-34
Carol Jean Vosburgh,	26:47,	1st 65-69
Ginger Herring,	35:48,	3rd 65-69

Males

Donald Herring,	35:15,	2nd 65-69
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11th annual Manatee River 5-mile Run, Palmetto - Dec 31

Females

Annette Frisch, 71,	49:49,	1st Veteran Grand Master,	75.22%
Lisa Williams, 33,	33:59,	2nd 30-34,	71.54%
Keara McGraw, 27,	34:20,	1st 25-29,	70.21%
Vicki Linkovich, 57,	44:30,		68.11%
Virginia Edmonds, 44,	38:56,		66.44%
Pam Greene, 49,	42:01,		65.04%
Christine Moorby, 41,	39:55,		63.24%
Ginger Herring, 69,	58:36,		61.86%
Christine Arbasak, 53,	46:41,		61.57%
Carol Montgomery, 76,	1:07:08,	2nd 75-79,	60.96%
Rebecca Bialosky, 55,	50:17,		58.68%
Anna Reschar, 49,	46:53,		58.29%
Ellyn Jack, 59,	57:11,		54.49%
Tracy Rabon, 47,	1:17:40,		34.35%

Males

Albert Wieringa, 65,	33:13,	1st Senior Grand Master,	83.51%
John Glasscock, 47,	35:26,		67.21%
Grant Fashbaugh, 59,	40:43,		64.58%
Marcelo Penha, 37,	35:05,		62.93%
Jack Keefe, 72,	49:18,		60.66%
Steve Grande, 57,	42:53,		60.27%
David Shiner, 40,	44:40,		50.54%
Donald Herring, 70,	1:01:31,		47.38%
Allen Ahern, 52,	52:39,		47.08%
Jim LaMar, 53,	1:01:12,		40.84%