

SPRR Results – April 2010

Run for Lungs, 5K, Tampa – April 3

Males

David Shiner, 25:08

18th annual Hare Race Experience, 5K-Cross Country, USF-Tampa – April 3

Males

Houston Tucker, ? 7th 60-64

Donald Kohler, ? 1st 70-74

Pat Fitzgerald, ? 2nd 75-over

This very winding cross country race was supervised by the Easter bunny himself. There were no finish times available on CoolRunning.com The good thing is that the hometowns of the runners were mentioned this year, a big improvement from 2009, when that did not happen.

17th annual Seminole Stampede, 5K, Seminole – April 3

Females

Lisa Williams, 20:13, 1st 30-34

Jane Pearl, 23:48, 1st 60-64

Deb Robinson, 24:50, 1st 50-54

Gloria Hancock, 25:54

Georgia Pedersen, 26:05, 2nd 50-54

Christy Ford, 26:11

Betty Berger, 28:36

Debi Seimetz, 29:59

Sharon Andrews, 32:48, 2nd 65-69

Maureen Ahern, 41:36

Males

Lee Stephens, 16:39, 1st OverAll

Paul Graus, 19:06, 1st 45-49

Albert Wieringa, 19:11, 1st 60-64

Steve Williams, 19:22, 1st 40-44

Chris Pedersen, 20:27, 1st 50-54

Gilbert Dolores, 21:21, 2nd 45-49

Steve Grande, 22:45, 1st 55-59

Larry Ahern, 41:37

Festival of States Harvey's 5K run, St. Petersburg – April 10

Females

Meredith Ludwig, 19:59, 1st OverAll

Jan Pearl, 23:33, 1st 60-64

Stacey Endicott, 24:52

Betty Berger, 28:33, 3rd 50-54

Males

Dan McClenathan, 21:48, 3rd50-54
Steve Grande, 22:01
Jerry Fowle, 22:37
Herb Townsend, 23:21, 3rd70-74
Houston Tucker, 31:54

Aflac Iron Girl 15K, Clearwater – April 10

Females

Christy Ford, 1:29:51
Annette Frisch, 1:34:49, 1st65-69
Ellyn Jack, 1:39:21
Rebecca Bialosky, 1:43:45
Ginger Herring, 1:59:24

Aflac Iron Girl, 5K, Clearwater – April 10

Females

Lisa Williams, 20:18, 1st30-34
Connie Mendoza, 21:23, 3rd40-44
Christine Moorby, 24:09
Debbie Wayland, 26:28
Eileen Hodges, 27:06
Millie Hamilton, 27:17, 1st65-69
Tracy Connolly, 28:17
Debi Seimetz, 30:35
Lisa Prewitt, 34:59
Sharon Andrews, 35:22

Escape from Fort DeSoto, triathlon, St Petersburg – April 10

Females

Carol Jean Vosburgh, 1:26:24, 1st65-69

Inaugural Shark's Tooth 10k, Venice – April 10

Males

Gilbert Dolores, 46:15, 3rd45-49

Fortis Bank, Rotterdam Marathon, Rotterdam (Netherlands) – April 11

Males

Jeff Essers, 3:00:15, (106/1343 40-45-div)

K-Swiss 10K at Heritage Harbor (RRCA-10K-State Championship) Bradenton – April 11

Males

David Shiner, 55:13

Law Day Run, 5K, St Petersburg – April 17

Females

Connie Mendoza, 21:00, 1st OverAll

Males

Steve Williams, 19:42, 1st40-44

2010 Boston Marathon, Boston – April 19

Females

Amy McClenathan, 3:23:18

Jennifer LaPlante, 3:45:57

Suzanne Holland, 3:50:25

Debra Taylor, 4:16:28

Millie Hamilton, 4:27:58

Males

Albert Wieringa, 3:10:45

Andrew Horne, 3:11:29

Jonathan Dunford, 3:26:59

John Voorhis, 3:31:04

Florida Native Endurance Company Corporate Run 5K, Jacksonville – April 22

Males

Gilbert Dolores, 22:50

Blue Ribbon Child Abuse Prevention 5K, Seminole – April 24

Females

Lisa Williams, 20:32, 1st OverAll

Deb Robinson, 25:13, 1st50-54

Rebecca Bialosky, 31:33

Carol Montgomery, 42:50, 1st70-over

Males

Steve Williams, 19:37, 1st40-44

Herb Townsend, 23:37, 1st70-77

Run the Lakes 5K, 10K (15K Challenge), Lakeland – April 24

Males

Gilbert Dolores, 5K 23:46

Gilbert Dolores, 10K 46:01, 3rd 45-49

De Soto 5K Run, Bradenton – April 24

Females

Ellyn Jack, 29:04, 1st55/59

St. Antony's Triathlon, St. Petersburg – April 25

Females

Carol Jean Vosburgh, 2:43:37, 1st65-69
Vick i Lincovich, 2:59:04
Annette Frisch, 3:13:13, 1st70-74

Males

Jonathan Dunford, 2:52:38
Bob Moorehead, 3:00:50

13th Annual HCPA Run for Shelter, 5K, Tampa – April 30

Females (top 50)

Lisa Williams, 20:35, 3rd OverAll
Meredith Ludwig, 22:09, 7th OverAll