

SPRR Results – May 2010

May Classic, 5K, Tampa – May 1

Males

Lee Stephens,	16:18,	1 st 20-29
Cameron Wheeler,	17:12,	2 nd 10-19
David Shiner,	25:30	

Panama Armed Forces Running Association, 5 Miler, Clayton (Panamá) – May 2

Males

Albert Wieringa,	36:04,	1 st GrandMaster
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Island Run, 5K, Anna Maria Island – May 2

Females

Ellyn Jack,	29:17,	1st55-59
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Males

Steve Williams,	19:39,	1st40-44
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Dare to go Bare, 5K, Lutz – May 2

Males

Jim LaMar,	37:32	
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Picnic Island Adventure Run, 5K, Cross Country, Tampa – May 7

Females

Marcy Phipps,	31:52	
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Males

Buka Harris,	22:34,	1 st OverAll
Gilbert Dolores,	30:10	
Jerry Woodward,	50:19	

Mid Florida Mayfaire, 5K, Lakeland – May 8

Females

Connie Mendoza,	21:02,	1 st Master
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Males

Bill McConnell,	39:07	
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Padre Benjamin Ayechu, 5K, Costa del Este, Panama City (Panamá) - May 9

Males

Albert Wieringa, 19:09, 1st 60+ (Veteranos)

I love Mothers Day, 5K, Palm Harbor – May 9

Females

Lisa Williams, 20:57, 1st OverAll

Courtney Smith, 26:32

Kerry Smith, 28:21

Males

Jim Hummel, 20:10

Trey Smith, 22:11

Florida Bank Miles for Moffitt, 5K, Tampa – May 15

Females

Jennifer Wreyford, 26:40

Michelle D'Orio, 30:41

Kristin Burke, 46:18

Males

Lee Stephens, 16:19, 1st OverAll

Tim Burke, 27:03

Florida Bank Miles for Moffitt, 5-Miler, Tampa – May 15

Females

Christy Phipps, 36:00, 1st50-54

Mary Novy, 43:27, 2nd-Survivors

Deb Robinson, 43:56

Tracey Connolly, 46:55

Eileen Hodges, 46:55

Ellyn Jack, 50:15, 3rd55-59

Vicki Franklin, 53:48

Males

Gilbert Dolores, 36:46

Grant Fashbaugh, 41:26

Alan Johnson, 46:55

Scott Wayland, 54:31

City of Dunedin Hog Hustle, 5K, Dunedin – May 15

Females

Lisa Williams,	20:49,	1 st OverAll
Jane Pearl,	23:35,	1 st 60-64
Jill Voorhis,	23:39,	1 st 45-49
Christine Moorby,	24:06,	
Christy Ford,	26:21,	3 rd 30-34
Gloria Hancock,	27:29,	
Millie Hamilton,	27:47,	1 st 65-69
Toni Ann Connors,	30:18,	
Rebecca Bialosky,	30:50,	
Ginger Herring,	34:23,	3 rd 65-69

Males

Zach Hoge,	17:46,	1 st 15-19
Jeff Essers,	19:13,	3 rd 40-44
Steve Williams,	20:23	
Ben Fudge,	32:06	
Donald Herring,	39:13	

Madeira Beach Mini Triathlon, Madeira Beach – May 22

Females

Madeleine Repka,	31:04,	3 rd -12-year olds
Courtney Smith,	26:19,	2 nd -14-year olds

Males

John L. Smith,	30:07,	3 rd OverAll
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Purple Stride Tampa Bay, 5K, St Petersburg – May 22

Females

Lisa Williams,	21:17,	1 st 30-34
Rachel Winter,	22:09,	2 nd 35-39
Katie Argotsinger,	22:39,	3 rd 25-29
Jane Pearl,	23:50,	1 st 60-64
Deb Robinson,	24:24	
ToniAnn Connors,	26:59,	3 rd 30-34
Christy Ford,	27:00	
Millie Hamilton,	28:16,	1 st 65-69
Karen Mathews,	28:38	
Stefanie Seropian,	29:04	
Betty Ann Berger,	29:13	
Ellyn Jack,	30:51	
Leah Essers,	31:01	
Nancy Zoufaly,	31:14	
Jennifer Sosnowski,	31:30	
Vicki Franklin,	31:58	
Victoria Ryan,	32:22	

Diane LaJoie,	32:42
Ginger Herring,	34:12, 3 rd 65-69
Dede Buckley,	34:48, 1 st 70-74
Sharon Andrews,	36:33
Rupa Nunamaker,	40:06

Males

Lee Stephens,	18:15, 1 st OverAll
Jim Hummel,	20:34, 1 st 45-49
Steve Williams,	20:46, 1 st 40-44
Mike LaPlante,	23:42, 3 rd 35-39
Jerry Fowle,	23:47, 3 rd 55-59
Roland LaJoie,	23:50, 2 nd 60-64
Carl Dobbins,	24:45
Donald Rasdall,	25:01
Gordon Benedict,	28:36
Gil Taylor,	28:39
Justin Nunamaker,	30:06
Jimmy Nunamaker,	30:07
Jim LaMar,	40:35

Mad Beach Triathlon, Madeira Beach – May 23

Females

Jill Voorhis,	1:31:33
Carol Glascock,	1:34:03
Meredith Jones,	1:36:27
Christy Ford,	1:45:57
ToniAnn Connors,	1:45:59
Vicki Linkovich,	1:48:22
Annette Frisch,	1:52:09, 1 st 70-74
Eileen Hodges,	1:53:33
Jackie Yost,	3:05:58, 1 st 80-84

Males

Paul Graus,	1:18:26
John Glasscock,	1:21:07
John L. Smith,	1:22:09
Chris Connors,	1:32:54
Gordon Benedict,	1:45:57
Bob Moorehead,	1:46:09, 3 rd 70-74
Larry Yost,	1:53:48 1 st 80-84

Crystal River Triathlon #1, Crystal River – May 29

Females

Christine Arbasak,	1:34:24, 2 nd 50-54
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Sammy's Run, 5K, Sarasota – May 29

Females

Ellyn Jack, 28:19

Betty Ann Berger, 29:37

Males

Albert Wieringa, 19:16, 1st Senior Grand Master

Dan McClenathan, 22:15, 4th 55-59

Gil Taylor, 25:53, 6th 60-64