

SPRR Results – December 2009

Run with the Stars, 5K, St. Petersburg – Dec 5

Females

Lynn Sammetinger,	26:56,	1 st 50-54
Joanne Lentino,	31:15,	1 st 60-64
Rupa Nunamaker,	37:42	

Males

Steve Williams,	19:29,	1 st Overall
Justin Nunamaker,	25:01,	1 st 14-under
Jimmy Nunamaker,	25:02	
Houston Tucker,	32:41,	3 rd 60-64

St. Jude Marathon , Memphis – Dec 5

Females

Amy McClenathan,	3:20:58,	3 rd -Master
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Suncoast Combined Federated Campaign 5K run, Bay Pines – Dec 6

Females

Lisa Williams,	21:08,	1 st Female
Deb Robinson,	24:43,	1 st 50-54
Debi Seimetz,	29:40,	3 rd 50-54
Lisa Prewitt,	29:52,	3 rd 45-49
Sharon Andrews,	34:21,	2 nd 65-69
Kathleen Litton,	35:46	

Males

Buka Harris,	17:00,	1 st Overall
Nate Smith,	19:19,	1 st 14-under
Jerry Fowle,	23:54,	1 st 55-59
Chris Connors,	25:27	
Russ Pritchard,	25:52	
Gordon Benedict,	27:32	
Bob Hansford,	28:51	

14th annual 5K Run by the River – Jingle bell 5K, Bradenton – Dec 10

Females

Betty Ann Berger,	28:43	
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Phillies Phun Run, 5K, Clearwater – Dec 12

Females

Connie Mendoza,	21:30,	2 nd 40-44
Carol Glasscock,	21:46,	3 rd 40-44

Males

Mike Birnbaum,	24:40,	3 rd 50-54
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YMCA Lakefront Classic 5K, Palm Harbor – Dec 12

Males

Jim Hummel, 20:09, 1st master

Tallahassee Ultra Distance Classic 50K, Wakulla Springs – Dec 12

Males

Cameron Wheeler, 3:43:37, 2nd Overall

Flapjack 5K, Land O Lakes – Dec 13

Males

Jim Hummel, 20:19, 1st 45-49

Holiday Halfathon, Largo – Dec 13

Females

Melody Janson,	1:38:39,	1 st 45-49
Virginia Edmonds,	1:47:52,	
Suzanne Holland,	1:52:20	
Jill Voorhis,	1:52:47	
Sharon Kalember,	1:55:37	
Vicki Linkovich,	2:00:52,	1 st 55-59
Anna Reschar,	2:02:00	
Amy Robinson,	2:03:15	
Christie Ford,	2:04:09	
Toniann Connors,	2:05:54	
Christine Arbasak,	2:06:55	
Stacey Endicott,	2:07:32	
Deb Robinson,	2:08:11	
Kerry Smith,	2:25:49	
Tanya Repka,	2:28:34	
Sunny L'Heureux,	2:33:49	
Theresa Testa,	2:44:37	
Rebecca Bialosky,	2:46:22	
Heather Joie,	3:03:40	
Deb Rothenberger,	3:55:23	

Males

Chris Pedersen,	1:36:45,	2 nd 50-54
John Smith,	1:45:53	
Gilbert Dolores,	1:46:48	
Michael Masters,	1:55:24	
Grant Fashbaugh,	2:03:28	
Carl Dobbins,	2:04:05	
Eric Ogden,	2:08:09	
David Shiner,	2:08:36	
Jack Keefe,	2:18:00,	2 nd 70-74
John Nunamaker,	2:23:19	
Bill Damore,	2:38:20	

Say No to Drugs Holiday Classic, 10K, Clearwater - Dec 19

Females

Joanna Rosse,	47:50
Debra Taylor,	52:22
Jane Pearl,	52:52, 1 st 60-64
Toniann Connors,	55:12
Rebecca Bialosky,	1:06:37
Ellyn Jack,	1:11:32

Males

Wes Reynolds,	35:48, 1 st 15-19
Buka Harris,	36:49, 3 rd 15-19
Jeff Essers,	41:30
Sean Connolly,	43:27
Jerry Fowle,	49:31, 2 nd 55-59
Chris Connors,	55:15
Walter Arnold,	55:44
Larry Yost,	1:04:04, 3 rd 75-79
Doug Norcross,	1:25:02

Say No to Drugs, 5K, Clearwater – Dec 19

Females

Amy McClenathan,	21:38, 1 st 50-54
Lisa Williams,	21:46, 1 st 30-34
Connie Mendoza,	21:58, 1 st 40-44
Tracy Connolly,	28:59
Betty Ann Berger,	30:30
Debi Seimetz,	31:11
Hillary Pierson,	32:07
Lisa Prewitt,	32:24
Sharon Andrews,	36:11, 2 nd 65-69
Ginger Herring,	36:36, 3 rd 65-69
Marie Mazzala,	37:27
Annette Frisch,	44:45
Jackie Yost,	56:43, 1 st 80-over

Males

Steve Williams,	20:05, 1 st 40-44
Albert Wieringa,	21:20, 1 st 60-64
Bill Damore,	31:11
Dan McClenathan,	31:43
Jim LaMar,	36:30
Donald Herring,	42:17

Jacksonville Bank Marathon, Jacksonville – Dec 20

Females

Georgia Pedersen,	3:57:59
Anna Reschar,	4:10:10

Males

Chris Pedersen,	3:36:51
David Shiner,	4:23:08

Manatee River 5 Miler, Palmetto – Dec 27

Females

Georgia Pedersen,	40:59
Christine Moorby,	41:37
Vicki Linkovich,	44:35, 2 nd 55-59
Tracey Connolly,	46:31
Ellyn Jack,	47:19
Debi Seimetz,	50:25
Denise Stoltzfus,	52:41
Rebecca Bialosky,	53:12
Sharon Andrews,	57:46

Males

Buka Harris,	27:26, 1 st 16-19
Steve Williams,	32:10
Paul Graus,	32:37
Sean Connolly,	34:22, 2 nd 35-39
Chris Pedersen,	34:27
Gilbert Dolores,	35:31
Steve Grande,	37:58
Grant Fashbaugh,	40:15
Jerry Fowle,	40:21
David Shiner,	42:38
Jack Keefe,	44:14, 2 nd 70-74
Gordon Benedict,	47:00
Jim LaMar,	1:02:10
Houston Tucker,	1:02:12