

SPRR Results – October 2009

Komen Race for the Cure, 5K, St.Petersburg – Oct 3

Females

Amy McClenathan,	20:25,	2 nd -Overall, 1 st -Master, 1 st -Grand-Master
Connie Mendoza,	21:26	
Anna Reschar,	25:19	
Leah Essers,	26:26	
Dayna Mendoza,	33:14	

Males

Houston Tucker,	37:55	
-----------------	-------	--

Komen Race for the Cure, 10K, St.Petersburg – Oct 3,

Females

Virginia Edmonds,	47:46	
Katy Wheeler,	50:08	
Colleen Evans,	55:49	
Christy Ford,	56:13	
Deb Robinson,	56:25	
Stacey Endicott,	56:34	
Stefanie Seropian,	58:17	
Karen Mathews,	58:47	
Eileen Hodges,	1:00:30	
Ellyn Jack,	1:01:17	
Rebecca Rothman,	1:12:54	
Patty Zanghi,	1:16:25	
Carolyn Kiper,	1:57:54	

Males

Gilbert Dolores,	47:26	
David Shiner,	52:47	
Jerry Woodward,	1:07:34	

Gator 5K run, Tampa – Oct 3

Males

Albert Wieringa,	19:01,	1 st 60-64
------------------	--------	-----------------------

Tampa Police Memorial 5K, Tampa – Oct 10

Males

Jim LaMar,	37:16	
Houston Tucker,	39:38	

John Holmes 16 mile trail run, Brooksville – Oct 10

Males

David Shiner,	3:10:22	
---------------	---------	--

Ace of Hearts, 5K, Clearwater – Oct 11

Females

Leah Essers, 26:49, 3rd30-34
Eileen Hodges, 28:17, 1st40-44
Courtney Ramos, 31:44

Ace of Hearts, 15K, Clearwater – Oct 11

Females

Christina Noordstar, 1:06:36, 1st30-34
Millie Hamilton, 1:31:07, 1st65-69
Deb Robinson, 1:32:01

Males

Buka Harris, 57:31, First Overall
Albert Wieringa, 1:04:07, 1st60-64
John Glasscock, 1:07:34, 2nd45-49
Jim Hummel, 1:08:08, 3rd45-49
Dan McClenathan, 1:18:51, 1st55-59

Bank of America Chicago Marathon, Chicago – Oct 11

Females

Jennifer LaPlante, 3:27:27
Debra Taylor, 3:56:16
Tracy Connolly, 4:25:11

Males

Gordon Benedict, 5:17:47

Health First Sprint Triathlon, Melbourne – Oct 11

Females

Annette Frisch, 1:49:23, 1st65-69

Towpath Marathon, Peninsula, OH – Oct 11

Males

Jonathan Dunford, 3:25:38

31st Annual Rattlesnake 5-miler, San Antonio – Oct 17

Females

Amy McClenathan, 34:08, 1st Master
Melody Janson, 34:14, 1st45-49
Christina Noordstar, 34:23
Suzanne Holland, 46:17, 3rd35-39

Males

Albert Wieringa, 33:35, 1st60-64
Jim Barbour, 48:29
Houston Tucker, 57:52

Longleaf (Sprint) Triathlon , New Port Richey – Oct 18

Females

Courtney Smith,	1:14:20,	1 st -14-under
Annette Frisch,	1:26:53,	1 st 65-69

Suncoast Triathlon (Sprint) Fort DeSoto, Tierra Verde – Oct 24

Females

Virginia Edmonds,	1:10:44
Carol Glasscock,	1:13:11
Eileen Hodges,	1:26:42
Dayna Mendoza,	1:35:20

Males

Paul Graus,	1:04:22
Bob Moorehead,	1:22:41

7th Annual Triton 5K Run, St. Petersburg – Oct 24

Females

Rachel Winter,	20:55,	1 st Overall
Connie Mendoza,	21:50,	2 nd 40-44
Jennifer Wreyford,	24:59	
Deb Robinson,	25:49,	1 st 50-54
Gloria Hancock,	26:23,	2 nd 45-40
Vicki Linkovich,	26:45,	1 st 55-59

Males

Andy Horne,	18:36,	1 st Overall
Brian Lester,	18:44,	1 st 50-54
Jeff Essers,	19:12,	1 st 40-44
Albert Wieringa,	19:52,	1 st 60-64
John Glasscock,	20:15,	2 nd 45-49
Jim Hummel,	20:24,	3 rd 45-49
Sean Connolly,	20:45,	1 st 35-39
David Shiner,	25:01,	3 rd 35-39
Jerry Fowle,	25:43,	1 st 55-59
James Healy,	29:12	
Jim LaMar,	36:49	

Twilight Zone Tower of Terror 5K, Disney Hollywood Studio's – Oct 24

Females

Meredith Ludwig,	21:26,	1 st Overall
------------------	--------	-------------------------

The Great West Chase, 5K, Tampa – Oct 31

Females

Amy McClenathan,	19:51,	3 rd Overall
------------------	--------	-------------------------

Haloween Halfathon, St. Petersburg – Oct 31

Females

Melody Janson,	1:39:36,	3rdMaster
Virginia Edmonds,	1:50:06	
Meredith Ludwig,	1:53:28	
Jill Voorhis,	1:56:03	
Mary Cunningham,	2:02:14	
Vicki Linkovich,	2:02:43,	3 rd 55-59
Georgia Pedersen,	2:05:33	
Christine Arbasak,	2:07:20	
Christy Ford,	2:09:12	
Anna Reschar,	2:10:13	
Stacey Endicott,	2:11:42	
Gloria Hancock,	2:18:33	
Ellyn Jack,	2:19:24	
Toniann Connors,	2:34:45	
Christina Ramos,	2:35:49	

Males

Andy Horne,	1:22:32,	1 st 25-29
Jeff Essers,	1:30:52,	1 st 40-44
Chris Pedersen,	1:39:52,	1 st 50-54
Sean Connolly,	1:40:02	
Gilbert Dolores,	1:54:46	
Michael Masters,	1:59:06	
David Shiner,	2:06:15	
Gordon Benedict,	2:47:20	

Haloween 5K, St. Petersburg – Oct 31

Females

Samantha Nevins,	25:16	
------------------	-------	--