

SPRR Results – July 2009

Kiwanis Morton Plant Mease Midnight Run, 5K, Dunedin – July 3

Females

Virginia Edmonds	23:52, 1 st 40-44
Stefanie Seropian,	29:47

Males

Jim Hummel,	21:18
Gilbert Dolores,	23:52
Mike Masters,	24:27
Mike Birnbaum,	27:47

Kiwanis Morton Plant Mease Midnight Run, 10K, Dunedin – July 4

Females

Virginia Edmonds,	52:23, 2 nd 40-44
Deb Robinson,	54:50, 3 rd 50-54
Sunny L'Heureux,	57:28
Christy Ford,	57:28
Tracy Connolly,	1:00:58
Rebecca Bialosky,	1:07:03
Michelle D'Orio,	1:07:57

Males

Sean Connolly,	48:08
Eric Ogden,	52:07
Gilbert Dolores,	57:49
Mike Masters,	59:42
Jerry Woodward,	1:09:51, 2 nd 60-64

Lutz Independence Day Run, 5K, Lutz – July 4

Females

Christine Moorby,	23:17, 1 st 35-39
Pam Greene,	24:37, 1 st 45-49
Jen Wreyford,	24:53, 2 nd 25-29
Kathleen Wheeler,	25:49
Katy Wheeler,	25:57, 3 rd 15-19
Millie Hamilton,	28:14, 1 st 65-69

Males

Cameron Wheeler,	17:40, 1 st OverAll
Jeff Essers,	19:22, 1 st 40-44
Albert Wieringa,	19:32, 1 st 60-64
Jim Hummel,	21:17, 3 rd 45-49
Dan McClenathan,	22:36, 2 nd 55-59
Ben Fudge,	31:30, 1 st 70-74
Houston Tucker,	39:57

Hungry Duck Half Marathon, Brighton, MI – July 4

Females

Debra Taylor, 1:55:11

5K Summer Series Challenge #2, Tampa – July 8

Males

Dan McClenathan, 22:45

David Shiner, 25:08

Houston Tucker, 34:30

Jim LaMar, 37:38

Picnic Island Adventure Run #2, Tampa – July 10

Females

Virginia Edmonds, 30:24

Males

Jeff Essers, 25:12

Gilbert Dolores, 30:35

David Shiner, 31:26

Beat the Heat series #2, 5K, Thonotosassa – July 11

Males

Albert Wieringa, 18:56, 1st60-64

David Shiner, 24:00, 2nd35-39

Houston Tucker, 31:50 3rd60-64 **this was Houston's 703rd race since he started running !!**

Beat the Heat, 1 Mile, Thonotosassa – July 11

Males

David Shiner, 7:47, 3rd35-39

Morton Plant Mease (mini) Triathlon, Sand Key Park – July 12

Females

Annette Frisch, 1:33:21, 1st65-69

Vicki Linkovich, 1:43:41

Jackie Yost, 3:04:36, 1st80-84

Males

Bob Moorehead, 1:31:28, 3rd65-69

David Ottinger, 1:38:50

Larry Yost, 1:50:42, 1st80-84

X-Country 5K race series #2, Lithia – July 17

Females

Kathleen Wheeler, 27:43

Males

Cameron Wheeler, 18:08
David Shiner, 25:47
Jim LaMar, 37:49
Houston Tucker, 39:05

Youth Triathlon Series, Clearwater Beach Biathlon, Clearwater – July 19

Females

Courtney Smith, 19:51, 1st-13-year olds

Males

Gregory Glasscock, 6:55, 1st-6-year olds
Trey Smith, 18:12, 2nd-11-year olds

Run to the Horizon, 5K, Tampa – July 19

Females

Deb Robinson, 25:36, 2nd50-54
Rebecca Bialosky, 30:46

Males

David Shiner, 24:11
Jim LaMar, 34:52
Houston Tucker, 37:22

5K Summer Series Challenge #3, Tampa – July 22

Males

Dan McClenathan, 22:26
David Shiner, 24:38
Houston Tucker, 35:01

Sunsets at Pier 60 – Summer Series #3, Clearwater Beach – July 24

Females

Jen Wreyford, 26:56, 3rd25-29
Annette Frisch, 29:41, 1st65-69
Ellyn Jack, 31:34
Rebecca Bialosky, 32:39
Sharon Andrews, 39:48, 1st60-64

Males

Jim Hummel, 22:44
David Shiner, 25:30
Jerry Woodward, 32:44, 2nd60-64
Jim LaMar, 37:49
Houston Tucker, 37:56

Junior Top Gun Triathlon, Fort DeSoto Park, Tierra Verde – July 25

Females

Madeleine Repka,	30:38,	2 nd -11-year olds
Emily Repka,	32:32	

St.Pete Beach Summer 5K Series #2, St.Pete Beach – July 31

Females

Amy McClenathan,	21:41,	1 st OverAll
Rachel Winter,	22:29,	1 st 35-39
Connie Mendoza,	23:07,	1 st 40-44
Tess Huttenlocker,	23:41,	1 st 15-19
Melody Janson,	24:19,	1 st 45-49
Suzanne Holland,	25:00	
Virginia Edmonds,	25:02,	3 rd 40-44
Georgia Pedersen,	27:15,	3 rd 45-49
Stefanie Seropian,	28:55	
Deb Robinson,	29:16,	2 nd 50-54
Tracy Connolly,	29:38	
Annette Frisch,	29:48,	1 st 65-60
Erin McClenathan,	29:56,	3 rd 15-19
Ellyn Jack,	30:35,	2 nd 55-59
Teresa Schneider,	31:07,	3 rd 55-59
Jeanie Fowler,	36:34,	1 st 60-64
Sharon Andrews,	39:01,	2 nd 60-64
Jackie Yost,	55:54,	1 st 75 & over

Males

Jeff Essers,	20:04,	2 nd 40-44
John Glasscock,	20:58,	1 st 45-49
Jim Hummel,	21:49,	3 rd 45-49
Sean Connolly,	22:06,	2 nd 35-39
David Tatro,	22:30,	3 rd 35-39
Chris Pedersen,	22:40,	1 st 50-54
Peter McCampbell,	23:28,	2 nd 50-54
Eric Ogden,	23:51	
Jonathan Dunford,	24:20	
Gilbert Dolores,	24:40	
David Shiner,	25:20	
Thomas Byno,	27:32	

Larry Yost,	31:00, 2 nd 75 & over
Jerry Woodward,	31:51
Houston Tucker,	36:46